

CASE STUDY 1 – Llyr

Llyr is a young father of two with type one diabetes (it could be any condition). He is reluctant to get the influenza vaccination.

DOCTOR: Would you mind if I bring up one final issue today? It's something we've spoken about in the past and it's the possibility of you getting the influenza vaccination today.

LLYR: Well, okay.

DOCTOR: I know in the past it's something you've refused.

LLYR: Yeah

DOCTOR: What are your thoughts on getting the vaccination this year?

LLYR: I don't know, a couple of years ago a friend of mine got the jab and she got a really bad reaction to it. Afterwards, she told me that because we both have diabetes then I'm bound to get the same type of reaction. That kind of scared me...it made me reluctant.

DOCTOR: Well that's more than just reluctance, that's scary for you to even think about the vaccination right?

LLYR: Yes, yes you're right. It's just easier to not get it. I don't want my kids to see me ill in the way my friend did.

DOCTOR: And I really don't want you to be scared. Your friend obviously had a very scary experience. On the other hand there's the consideration that you're looking after your kids and don't want to get ill so you can't care for them.

LLYR: Well of course, I don't want to be too sick to look after them and I don't want my kids to get sick. But I don't know, I'm just wary of it.

DOCTOR: It sounds like you'd be much more open to considering getting the vaccination if you were less worried about getting a severe reaction like your friend had?

LLYR: Definitely.

DOCTOR: - So would you mind if we talked about that sort of reaction and what's involved?

LLYR: Sure.

DOCTOR: Has your friend had a reaction to other things like she did the vaccination?

LLYR: Yeah... yes, quite a few things in fact.

DOCTOR: And what about you?

LLYR: No, no, I'm lucky like that.

DOCTOR: Lucky, that's good. And you've never had a reaction as severe as hers?

LLYR: No.

DOCTOR: Okay that's good. Would you mind if I shared some information about the risk? You'd have the vaccination and stay with us for a period of time that would allow any reaction to occur if it was going to. You'd be here with us and even if you had a reaction you'd be safe. The chances of

reaction are very minimal but we'd make sure you waited with us for ten minutes to make sure you are ok. What are your thoughts about that?

LLYR: Oh... Oh I see. I might be willing, I guess.

DOCTOR: Okay – that sounds like you might be open to the idea of getting the vaccination, getting that immunity without a reaction and not passing it on to your kids?

LLYR: I don't want to pass it on, stuff gets passed on to kids all the time.

DOCTOR: It does, doesn't it? When would you be free? Would you be free now to get the vaccination and wait for ten minutes while we check that you don't get that reaction?

LLYR: Yeah. I mean, yeah, I'm here now.

DOCTOR: Well that's great. This is great. Let's get this done and make sure you and your kids are protected.